



Oregon Student Nurses' Association

www.oregonsna.org

News letter October 2013

Welcome Back To School

OSNA 2nd Annual MidYear Convention

*"Nursing; Charting
Your Own Course"*

Lane Community College

Building 30- Registration Sta-
tion, Breakout Sessions,
Lunch, & Vendor Booths

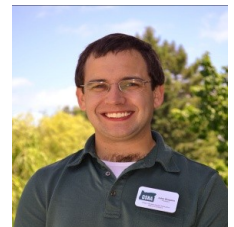
Building 19- Opening & Clos-
ing Ceremonies

October 19, 2013

8:00 am—4:00 pm

Welcome back! I hope that everyone had a great summer. By now I'm sure that everyone's back into the swing of things with school, but don't forget that being a nursing student involves more than sitting in a classroom. OSNA is a great way to get involved in your community, learn about available opportunities, and meet other students.

We will be kicking off the school year with our second ever MidYear convention on October 19th at Lane Community College in Eugene. Our opening speaker is Mary Rita Hurley, executive director of the Oregon Center for Nursing, and she will be talking about what it means to be a leader in today's nursing world. Hope to see you all there. Remember to register via [Eventbrite](#) by October 10th so that you qualify for reduced ticket pricing, and we are able to guarantee your Chipotle-sponsored meal.



OSNA President
John Simpkin

Special points of interest:

- Welcome back!
- MidYear Convention 10.19.13
Eugene Oregon Lane
Community College
- Inspired: Stories of Courage
- Breakthrough to Nursing; Nurs-
ing is.....
- The Bloom Project
- Board News and Events

What is OSNA all about?

OSNA believes that your success is a collaborative effort and we want to be part of it! Whether this is your first term in nursing school or your last year we will provide you with opportunities to enhance your nursing experience. Join us at the MidYear Convention to learn more about the vast world of nursing, network with nursing professionals, meet fellow nursing students from across the state, and have an opportunity to sit face-to-face with leaders in the nursing field. This event is not to be missed.

OSNA Presents 2013 MidYear Convention

*Nursing: Charting
Your own Course*

Why

Keynote Speaker:

Mary Rita Hurley, MPA, RN,
FNGNA

Executive Director for Oregon
Center for Nursing

- Free NCLEX Review

When

Saturday, October 19th 2013
Doors Open at 8:00am

Where

Lane Community College

4000 East 30th Avenue
Eugene OR 97405

Register www.oregonsna.org

[http://oregonsnamidyear2013-
eorg.eventbrite.com/](http://oregonsnamidyear2013-eorg.eventbrite.com/)

Register by Oct 10th or lunch is not guaranteed

**All Nursing Students and
Prenursing invited**

Advance tickets

\$15 NSNA Members
\$20 Non-NSNA Nursing Students
\$10 Pre-Nursing Students

DISCOUNTS ON MERCHANDISE BEFORE THE CONVENTION

At the door

\$20 NSNA Members
\$25 Non-NSNA Nursing Students
\$15 Pre-Nursing Students

Donors / Vendors

[Chipotle](#)

[Hurst](#)

[Costco](#)

[Oregon Health and Science](#)

[University](#)

**Monmouth Student Nurses'
Association**

[David and Bonnie Carmichael](#)

[Bennington Property Management](#)

RAFFEL PRIZES

- **HURST NCLEX REVIEW**
- **Sunriver Oregon Weekend Getaway**
- **Acls certification class**

Inspiration: A story of Courage and Triumph By Christina Carmichael

I would like to introduce Marshell Elder. She is a first year Nursing student at Lane Community College. She is known for being “very put together”. From her exceptional performance on the job as a Dialysis Technician, to her perfect hair, Marshell is a go-getter! What many people do not know is that she has worked harder than most to get into nursing school. Marshell worked to manage her dyslexia and the challenges of convincing people that she is capable of doing the job. Marshell recalls her heartbreak when she failed a class, and was told to drop-out. Marshell was encouraged by her supervisor to “get her rear back in school and never give up because she WAS going to be a great nurse”. Marshell took her employer’s advice and received more help along the way.

Jeanne McLaughlin is the LCC Anatomy and Physiology professor that helped connect Marshell with a study group. Unbeknownst to McLaughlin there was a social worker in that study group and she specialized in advocacy for people with disabilities. During study sessions Marshell confided in her study partner about her disability. She was encouraged to accept help and later connected with LCC disability resources. Marshell had found the help she needed to grow in confidence and skills. She is now an accomplished self-advocate.

Marshell is off to a great start, she asked her employer to maintain her health-care and they offered to reimburse her tuition in exchange for a commitment of employment.

Marshell wants to leave students with a message to trust their instincts and never give up. “If you know you want to be a nurse, you should never stop trying.” She states, “people should avoid cutthroat competition and help their fellow students because you never know how it may change a person’s life”.

As the future of Nursing, Marshell has the right attitude and focuses on her **DISABILITIES** to help her reach her dreams.



Marshell Elder
Lane Community
College School of

“If you know you want to be a nurse, you should never stop trying.”



The Bloom Project

Live in Portland or Bend, Oregon? Check out The Bloom Project! This non-profit organization donates re-purposed flowers to hospice and palliative care patients on a weekly basis.

After last year’s graduation ceremony at our college, hundreds of flowers (in large arrangements) were left behind in great condition, only to be thrown away. After graduation, everyone was too tired to spend hours making and delivering bouquets as understandably, they wanted to celebrate. A colleague then discovered The Bloom Project. We learned that project volunteers create beautiful bouquets out of donated flowers. By contacting them ahead of time, (and helping to arrange for the flowers to be delivered or picked up after your event), you can make a difference in the lives of patients, their families and caregivers.

Board News and Events

OSNA would like to thank Felicia Pledger for her service as Media Director. Sadly she has resigned her position. OSNA wants to wish her well in all her future endeavors. Thanks for all your hard work!

The board would like to introduce Christina Carmichael as our newly elected Media Director we look forward to what she brings to OSNA.



Christina Carmichael
OSNA Media Director

Wow, I am so happy to be here and have an opportunity to serve my fellow nursing students.

I am a junior at OHSU Monmouth and I live in Eugene. I enjoy volunteering, taking vacations, and discovering new adventures.

My goal in this role is to collaborate with students, publicize events, and foster a sense of community for nursing students throughout the state.

I would also like to highlight courageous students that overcome difficulties to pursue their dreams of becoming a nurse. Please email oregonsnamdia@gmail.com to nominate yourself or fellow student and share your stories of triumph. Please include written permission and contact information when submitting stories for publication.

Get Involved! Run for office and make a difference

- Improve your leadership skills
- Expand your horizons
- Build confidence
- Add to your resume
- Volunteer in the community
- Make lifelong friendships
- Put your education and career in perspective